

Daily Routines Lesson

Cleaning Up is my Job

Cleaning up is an important part of playing and learning about responsibility. Picture cards depicting routines support your child in learning to manage his personal self-care skills independently. Picture cards also help him make meaning from pictures and print.

Activity: *Cleaning Up is my Job*

What your child is learning: I can take care of my own needs appropriately. Picture cards can remind and help me to complete my job properly.

Materials Needed: Paper; markers; tape; index cards or card stock pictures, or drawings of the jobs

Directions/Instruction:

1. Encourage your child to think his/her daily activities that require cleaning up after. Write the job names on index cards (one index card per job).
2. Invite your child to draw pictures of him/her finishing an activity and cleaning up after that activity or use picture cards provided below
3. Before beginning an activity help your child choose a picture card showing cleaning up the activity. Place the card near where your child is working.
4. If it's difficult for your child to stop what he's doing, clean up the area, and move to another activity, try giving him a "heads-up" warning to prepare. Use concrete messages like 'You have time for one more puzzle' or 'There's enough time for you to finish that tower, but not to start another one'. This can be easier for children to understand than hearing Five more minutes

Not Ready Yet?

- Discuss and help your child choose a card for the activity they are about to do
- A clean-up song can help make tidying up after an activity more fun!

Sing to the tune "Here We Go Round the Mulberry Bush."

This is the way we clean up our [markers]

Clean up our [markers], clean up our [markers].

This is the way we clean up our [markers],

So, they're ready for next time

Need a Challenge?

- Invite your child to describe how to do each job, by writing and illustrating each step. Explain that having these steps written out ensures that everybody can learn how to do each job.
- Draw a picture of what it should look like when all cleaned.
- Rate how you did; give yourself 1-5 stars on your card

Ready Rosie:

Check out these videos for similar experience you might like to try.

<https://app.readyrosie.com/en/videos/871>

<https://app.readyrosie.com/en/videos/772>

Visuals for cleanup tasks

