

Adaptive Activity: Giving Directions, Two or more steps

Offer your child directions that ask for two or more actions.

Why is this Important?

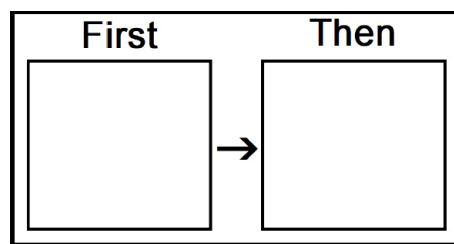
- Two-step directions give children practice in understanding and completing all the parts of a task.
- Children can learn to follow clear, multi-step directions when given opportunities to practice.
- Following directions is very important in school and people follow verbal and written directions throughout their lives.

Learning Target

- I can follow directions with two or more steps by listening to and practicing the steps in the directions.

Materials

- Specific materials to practice skills around the home. For example,
 - clothing to put away,
 - dishes to help set or clean the table,
 - groceries to put away,
 - cleaning up after playing.
- Visuals for direction steps

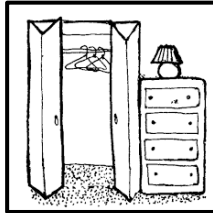


- Paper, crayons, scissors, books, tables, chairs and other specific items to help you child prepare for hearing and following directions in the classroom

What you do

- Use this game frequently with a variety of activities to give your child an opportunity to practice following directions in many situations.
- Make the game relaxed and use a friendly tone of voice so that your child feels encouraged to listen to you.

- Begin with directions that ask for two actions: *Please find your boots and put them in the closet.*



- Create directions to lead her to a surprise: *Look in the grocery bag, and then take what you find to the table for our snack.*



- Keep your directions simple with two actions at first. As she confidently completes the tasks, add more directions until there are three or four steps.
- Thank her for finishing the task, if appropriate. *Thanks! You did exactly what I asked.*
- Offer encouragement for a job well done. *You looked in the bag and put our surprise snack on the table! Now we can eat our yummy graham crackers.*

Not there Yet

- Use picture cues in a first-then frame
- Give simple directions first and build up to more complex

Need a Challenge

- Use school words, such as crayons, scissors, books, tables and chairs to help you child prepare for hearing and following directions in the classroom.
- A few examples of directions she may hear in school are: *Put some newspaper down before you begin to paint. When you get up, push your chair in please. Take a book from the shelf and go and where we can read a story.*

Ready Rosie Videos

Following directions: <https://app.readyrosie.com/en/videos/129>

Multi step directions; <https://app.readyrosie.com/en/videos/757>

Simple Direction Visual

