

- **Activity 4: Paint Standing Up**

Materials Needed: Paper, Paint and Magnets or Tape.

Learning Target(s): I can paint while standing up controlling my arm movement.

Directions/Instruction: Have your student paint standing up. They can paint on a fridge with magnets holding up paper, or they can paint on a door with tape holding up the paper. Painting standing up allows students to strengthen the muscles in their hands and arms giving them a variety of range in movement.

